GIVE THANKS BEFORE YOU SEE IT

Thanksgiving Declarations with Gratitude

A SCRIPTURE-ROOTED PRAYER GUIDE

PAUSE.
REFLECT.
PRAY
FORWARD.

AYOOLA BANDELE

Daily Bible Declarations™

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SCRIPTURE QUOTATIONS

Unless otherwise stated, Scripture quotations are from the King James Version (KJV).

A NOTE ON WELLBEING

This Scripture-rooted guide is intended for personal devotion and encouragement. It is not a substitute for professional medical or mental health care.

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Welcome

I'm so glad you're here.

This guide was created to help you develop a deeper habit of gratitude through Scripture, prayer and daily declarations.

No matter where you are in your journey, you can choose to give thanks before you see it — because God is already at work.

Let this be a space to pause, reflect and draw closer to Him. My prayer is that as you go through these pages, you'll be encouraged to recognise God's goodness in every season and to live with a more thankful heart.

Ayoola Bandele

FOUNDER, DAILY BIBLE DECLARATIONS™

How to Use This Guide

This guide is designed to help you build a deeper habit of gratitude through Scripture, prayer and daily declarations.

Each day gives you a simple but powerful way to pause, reflect and realign your heart with God's goodness — before you see the outcome.

Pause

Take a moment to be still. Quiet your mind, breathe deeply and invite God into your day. Each day begins with a short reflection to help you focus your heart on what matters.

Reflect

Read the featured Scripture and short reflection. Consider what it means for your life, and how it draws your attention to God's goodness, even in your current season.

Pray Forward

Speak the daily declaration out loud. Let it shape your thoughts, strengthen your faith and help you live with expectancy — giving thanks before you see it.

A Gentle Reminder

You can go through this guide at your own pace. There's no right or wrong way — just a willing heart to pause, reflect and pray forward each day.

Why Give Thanks Before You See It?

FAITH IN THE WAITING

Have you ever prayed about something for so long that you started wondering whether anything was changing?

Perhaps it is a job, a relationship, your health or a situation you cannot yet see a way through. Waiting can feel exhausting. And sometimes, giving thanks is the last thing on your mind.

Yet there is something remarkable about the way Jesus gave thanks. At Lazarus's tomb, He thanked the Father before calling Lazarus out (John 11:41–44). Before feeding the multitude, He gave thanks for the loaves and fish already in His hands (John 6:11).

Jesus did not need to pretend there was no grief or need. Instead, His thanksgiving expressed trust in the Father in the middle of those circumstances.

> "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."
>
> 1 THESSALONIANS 5:18

Giving thanks before you see an answer is not a guarantee that life will unfold exactly as you hope. It is a way to remember who God is, acknowledge what He has already done and bring what is still unresolved before Him.

PAUSE AND REFLECT

What are you still waiting to see? Can you name one way God has sustained you while you wait?

THANKSGIVING DECLARATIONS

Speaking God's Truth with Gratitude

The declarations in this guide are simple, Scripture-rooted statements to help you give thanks to God for who He is, what He has done and what He is yet to do.

As you read and speak them, take time to pause, reflect and allow the truth of God's Word to sink into your heart.

You may want to say the declarations aloud, write them out in a journal or use them in your personal prayer time.

Let each declaration be a reminder to focus on God's goodness, strengthen your faith and keep a posture of gratitude in every season.

Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, and singing psalms, hymns and spiritual songs with gratitude in your hearts to God.

COLOSSIANS 3:16

THANKSGIVING DECLARATIONS

Thank God for Jesus Christ

JOHN 3:16 · 2 CORINTHIANS 9:15

I give You thanks, Lord, for the gift of Jesus Christ and for Your amazing love demonstrated through Him.

Thank You for sending Your Son, Jesus, to die for my sins and to give me eternal life.

Thank You that through Jesus I am forgiven, redeemed and made righteous in Your sight.

Thank You for Your grace, which I do not deserve, but which is freely given to me through Jesus Christ.

Thank You that Jesus took my place, bore my sin and opened the way for me to have a restored relationship with You.

Thank You for the hope, peace and joy that I have in Jesus, no matter what I am going through.

Thank You that in Jesus I have life more abundantly, and that His love never fails.

Thank You for the Holy Spirit, who lives in me through Jesus and helps me to walk in Your ways.

I am grateful for all that Jesus has done for me, and I declare that I will always give You thanks for the incredible gift of Your Son.

THANKSGIVING DECLARATIONS

Thanksgiving to God for Everyday Life

PSALM 23 · LAMENTATIONS 3:22-23

I am thankful to the Lord, who has given me the grace to see yet another day. I will rejoice with thanksgiving in my heart and songs of praise in my mouth to the God of my salvation.

He has shown me His mercy, and His goodness has carried me through these many years.

This is the day the Lord has supplied provision for my needs, made the sunshine on my path and the moon to brighten my night.

His breath is in my lungs to keep me alive until He calls me home.

My protector and my shelter, He keeps me through life's troubles. He fights my battles and gives me victory.

Out of His unfailing love and tender mercies, God provides for me. He protects me. He leads me in paths of righteousness for His name's sake (Psalm 23).

His goodness and mercy follow me every day.

THANKSGIVING DECLARATIONS

Thankful for God's Unfailing Love

ROMANS 8:38–39 • PSALM 136:1

I thank You, Lord, for loving me with an everlasting love. Your mercy is new every morning, and Your faithfulness never fails.

Even when I have questioned my way, Your love has remained constant and true. Nothing can separate me from Your love in Christ Jesus.

In seasons of uncertainty, You hold me steady. When my heart is weary, You draw me back to Yourself with kindness and compassion.

Thank You for loving me beyond my weaknesses, mistakes and fears. You do not turn away from me, but invite me to return to You again and again.

Your unfailing love restores my soul and renews my mind. Because You love me, I am not abandoned. Because You are faithful, I am not without hope.

Because You are merciful, I can rise again with thanksgiving in my heart. I will remember Your goodness in every season.

I will give thanks for the steadfast love that carries me. I will rejoice in the God whose love never lets me go.

THANKSGIVING DECLARATIONS

Grateful for God's Provision

PHILIPPIANS 4:19 · PSALM 107:9

I thank You, Lord, because You are my provider. You know what I need, and You are faithful to supply all my needs according to Your riches in glory by Christ Jesus.

Many times, Your goodness reaches me through family, friends, well-wishers and even unexpected people. Day after day, You make provision for me in ways seen and unseen.

I do not take Your kindness lightly. You satisfy the thirsty and fill the hungry with good things.

You are the giver of every good and perfect gift. What You create is good, and what You provide is enough for this season.

Thank You for daily bread, for open doors, for help along the way and for strength to keep going. Thank You for the practical mercies that sustain my life and remind me that You care for me.

When I am uncertain, teach me to trust You. When I am in need, remind me that You are still my provider.

When I am tempted to worry, help me remember that my provision is in Your hands. I receive Your provision with gratitude.

I will not fear lack, because You are able to sustain me. I give thanks to the God who sees me, cares for me and fills my life with good things.

THANKSGIVING DECLARATIONS

Thankful for God's Faithfulness

LAMENTATIONS 3:22-23

I give You thanks, Lord, for Your faithfulness. Your mercies are new every morning, and Your faithfulness is great.

You have been faithful to me in every season — in the good times and in the difficult times.

Thank You for being the same yesterday, today and forever. You never change, and Your promises never fail.

You have always kept Your word, and You continue to do what You say You will do.

Even when I do not understand what is happening, I can trust You because I know You are faithful.

You have carried me through challenges, opened doors, closed doors and led me in the right direction.

Thank You for walking with me, for being with me and for never leaving me.

I am grateful that I can rely on You, because You are faithful in all You do.

THANKSGIVING DECLARATIONS

Thankful for God's Protection

PSALM 121 · PSALM 91

I give You thanks, Lord, for Your protection over my life, my family and everything that concerns me.

Thank You that You are my refuge and my strong tower, a very present help in times of trouble.

Thank You for surrounding me with Your angels and keeping me safe wherever I go.

Thank You for watching over my going out and my coming in, from this time on and forevermore.

Thank You for protecting me from harm, danger and the plans of the enemy.

Thank You for giving me discernment, wisdom and guidance in my daily decisions.

Thank You that no weapon formed against me shall prosper, and every tongue that rises against me shall be condemned.

I am grateful that You keep me in perfect peace because my mind is stayed on You.

Thank You for covering me, my loved ones and all that You have entrusted to me.

THANKSGIVING DECLARATIONS

Thankful for God's Guidance

PSALM 32:8 · PROVERBS 3:5-6

I give You thanks, Lord, for guiding me in every season of my life.

Thank You for showing me the way I should go and for leading me with Your wisdom.

Thank You that You direct my steps, even when the path ahead is unclear.

Thank You for giving me discernment to make godly choices and for helping me to stay aligned with Your will.

Thank You for speaking to me through Your Word, Your Holy Spirit, and through godly counsel.

Thank You for closing doors that are not for me and for opening doors that lead to Your best.

Thank You that when I seek You with all my heart, You guide me and make my paths straight.

Thank You for Your peace when I am unsure, for Your clarity when I am confused, and for Your direction when I feel lost.

I am grateful that You go before me, walk beside me and lead me into the plans You have for my future.

THANKSGIVING DECLARATIONS

Thankful for God's Love

ROMANS 5:8 · 1 JOHN 4:9-10

I give You thanks, Lord, for Your unfailing love towards me.

Thank You for loving me when I did not deserve it and for choosing me before I even knew You.

Thank You for showing Your love through Jesus Christ, who gave His life for me.

Thank You that Your love never changes, no matter what I am going through or how I feel.

Thank You for loving me in my weakness, meeting me in my broken places and still calling me Your own.

Thank You for Your compassion, patience and kindness towards me every day.

Thank You for the people You have placed in my life to show Your love, encouragement and support.

Thank You that nothing can separate me from Your love — not my mistakes, my fears, my past or my future.

I am grateful that Your love gives me peace, hope and strength, and that it satisfies my heart completely.

THANKSGIVING DECLARATIONS

Thankful for God's Faithfulness in My Past

DEUTERONOMY 8:2 · PSALM 77:11-12

I give You thanks, Lord, for Your faithfulness throughout my life journey.

Thank You for the times You have carried me when I had no strength of my own.

Thank You for bringing me through seasons I never thought I would survive.

Thank You for turning my past challenges into testimonies of Your goodness.

Thank You for every lesson You have taught me, even through the difficult seasons.

Thank You for the people You have placed in my life who have supported, encouraged and prayed for me.

Thank You for every closed door that protected me and every open door that led me to where I am today.

Thank You for Your grace that has sustained me, even when I made mistakes.

I am grateful for how far You have brought me, and I give You praise for all You have done in my past.

THANKSGIVING DECLARATIONS

Thankful for God's Plans and Purpose

JEREMIAH 29:11 · EPHESIANS 2:10

I give You thanks, Lord, for the good plans You have for me, plans to give me hope and a future.

Thank You that You created me with a purpose and that my life matters to You.

Thank You for ordering my steps and for leading me into the destiny You have prepared for me.

Thank You that You are working all things together for my good, even when I cannot see it.

Thank You for the opportunities You have opened and for the ones You are still preparing.

Thank You for shaping my character, growing my faith and equipping me for all that You have called me to do.

Thank You for giving me dreams and desires that align with Your will.

Thank You for the people, resources and favour You are bringing into my life to help fulfil Your purpose for me.

I am grateful that You finish what You start, and that Your plans for me will always stand.

HEARTFELT THANKSGIVING

Heartfelt Thanksgiving to God

PSALM 100:4 · 1 THESSALONIANS 5:18

I come before You with a grateful heart, O Lord. Thank You for Your goodness, Your mercy and Your faithfulness in my life.

Thank You for the gift of another day, for life, breath and strength. Thank You for the little things I often overlook and the great things only You could do.

Thank You for carrying me through seasons I did not understand. Even when I could not see the way ahead, You remained near, kind and faithful.

Thank You for the people You have used to bless, encourage and help me. Thank You for daily mercies, protection, provision and peace.

Thank You for answered prayers and for the prayers You are still working on. I trust that Your timing is good, Your wisdom is perfect and Your plans for me are full of hope.

Today I choose to enter Your gates with thanksgiving and Your courts with praise. My heart honours You, my mouth blesses You and my life will testify of Your goodness.

From the depths of my heart, I say: Thank You, Father.

THANKSGIVING DECLARATIONS

Giving Thanks to God in the Highest

PSALM 7:17 · PSALM 92:1–2

I will give thanks to the Lord Most High and sing praise to His name.

I bless the God who reigns above all, whose wisdom is perfect and whose mercy endures forever.

I thank You, Father, because You are greater than every situation and higher than every earthly concern. You are my refuge, my strength and the lifter of my head.

I will not magnify my troubles above my God. Instead, I will exalt the Lord, who is faithful in every generation and worthy of all honour.

From the rising of the sun to the going down of the same, Your name deserves praise. My heart chooses thanksgiving, and my mouth will declare Your goodness.

I thank You for Your protection, Your provision and Your unfailing love. You have been my help, my keeper and my peace.

Today I offer You praise, O Most High God. I rejoice in who You are, and I give thanks because You remain sovereign over my life.

THANKSGIVING DECLARATIONS

Thankful for New Beginnings

ISAIAH 43:18-19 · 2 CORINTHIANS 5:17

I give You thanks, Lord, for the gift of new beginnings and the fresh mercies You give me every day.

Thank You that by Your grace I am a new creation in Christ, and the old has passed away.

Thank You for closing the doors of my past and opening new doors of opportunity, hope and purpose.

I am grateful that You make a way in the wilderness and rivers in the desert.

Thank You for restoring what has been lost and for turning my mess into a beautiful message.

Thank You for giving me a fresh start, no matter what has happened before.

I declare that this is a new season of growth, favour and increase in my life.

Thank You for leading me into all that You have prepared for me and for going before me every step of the way.

I am thankful that Your plans for me are filled with hope and a future, and I look forward to the new things You are doing in my life.

THANKSGIVING DECLARATIONS

Give Thanks for Answered Prayers

1 SAMUEL 1:27 · PSALM 66:19-20 · PHILIPPIANS 4:6

I give You thanks, Lord, for the many prayers You have answered in my life, seen and unseen.

Thank You for hearing my prayers and for responding according to Your perfect will and timing.

Thank You for the times You have turned my worries into testimonies and have done more than I could ever ask or imagine.

Thank You for the doors You have opened, the breakthroughs You have given and the burdens You have lifted.

Thank You for answering prayers even when the answer was different from what I expected, because Your ways are higher than my ways.

Thank You for the prayers You are still answering and for the ones I am yet to see fulfilled, knowing that You are always working behind the scenes.

Thank You for teaching me to trust You, to wait on You and to keep praying with faith.

Thank You for the people You have used to answer my prayers through their kindness, support and obedience.

I am grateful that You are a faithful God who hears, who answers, and who never forgets the prayers of Your children.

THANKSGIVING DECLARATIONS

Thankful for Times and Seasons

ECCLESIASTES 3:1 • DANIEL 2:21

I thank You, Lord, because there is a time and season for every purpose under heaven.

You are the God of times and seasons, and my life is safely held in Your hands.

When I do not understand the timing of things, I choose to trust Your wisdom and Your love.

Thank You for the seasons of waiting, growing, learning and becoming.

You know when to open doors, when to close them and when to lead me into something new.

You make all things beautiful in Your time, and Your timing over my life is good.

Even when seasons change, You remain faithful, steady and true.

My times are in Your hands. You order my steps and guide me with wisdom.

I give thanks for every season You have brought me through and every new season ahead.

With gratitude and trust, I rest in Your perfect plan for my life.

Seven Bible Verses About Thanksgiving

SCRIPTURES TO READ, REMEMBER AND DECLARE

1

1 CHRONICLES 16:34

Give thanks to the Lord because He is good and His mercy endures forever.

2

PSALM 9:1

Give thanks to the Lord wholeheartedly and remember His wonderful works.

3

PSALM 107:8–9

Praise the Lord for His goodness and His care for those who are hungry and thirsty.

4

PSALM 95:2–3

Come before God with thanksgiving and joyful praise.

5

1 CORINTHIANS 1:4–5

Paul gives thanks for the grace of God given through Jesus Christ.

6

1 TIMOTHY 4:4–5

Receive God's good gifts with thanksgiving.

7

1 THESSALONIANS 5:18

Give thanks in every circumstance, for this is God's will in Christ Jesus.

The descriptions above summarise the passages rather than reproduce a particular Bible translation. Read each reference in your preferred Bible translation.

GUIDED GRATITUDE REFLECTION

Count Your Blessings, Remember His Faithfulness

A Yoruba saying reminds us that someone who reflects deeply will find reasons to be thankful. Sometimes, the reasons are obvious. At other times, we have to pause long enough to notice them. Use these questions to reflect on God's goodness in your life.

1. Looking back

What are three things you're thankful to God for today?

1. _____
2. _____
3. _____

2. Remembering

Think about a difficult season you've come through. What helped you keep going, and where can you recognise God's faithfulness?

_____

_____

_____

3. Looking ahead

Is there an unanswered prayer or an uncertain situation you're carrying? Write a short prayer expressing both your concerns and your trust in God.

_____

_____

_____

4. Living with gratitude

What is one practical way you can express gratitude to someone this week?

_____

_____

_____

PERSONAL PRAYER OF THANKSGIVING

Now It's Your Turn

You've read declarations, reflected on Scripture and remembered some of God's goodness.

Now take a moment to speak to Him in your own words.

You might begin with:

Heavenly Father, today I give You thanks for...

One thing I want to remember about God's faithfulness:

Your prayer doesn't need to be perfect. Let it be sincere.

YOUR GRATITUDE JOURNEY CONTINUES

Don’t Stop Giving Thanks Here

Thanksgiving is more than a moment of prayer. It can become a way of living, remembering and responding to God.

My prayer is that this guide has helped you pause, notice God’s goodness and begin speaking His Word with gratitude.

But your journey doesn’t have to end here.

Join the Daily Bible Declarations Thanksgiving & Gratitude Experience

Our free guided experience brings together Scripture, thanksgiving declarations, prayer and personal reflection to help you:

- Look back with gratitude.
- Recognise God’s faithfulness through changing seasons.
- Develop a more intentional practice of thanksgiving.
- Prayerfully prepare for what comes next.

You’ll also have opportunities to participate in optional community gratitude check-ins.

Visit: dailybibledeclarations.com/dbd-thanksgiving-and-gratitude-experience/

A Little More Is Coming

Give Thanks Before You See It is also the beginning of a larger collection of original thanksgiving declarations, Scripture-rooted prayers and guided reflections.

This free guide offers a selection of that work. The expanded book will explore more areas of life, faith, waiting, healing, provision and spiritual growth.

Thank you for being part of this journey.

Renew your mind. Transform your life. Change your world.

— Daily Bible Declarations™

GIVE THANKS BEFORE YOU SEE IT

What if thanksgiving became more than something you do after receiving an answer to prayer?

What if you could learn to recognise God's goodness, remember His faithfulness and speak His Word with gratitude even while you're waiting?

Give Thanks Before You See It invites you into a Scripture-rooted practice of thanksgiving through original declarations, heartfelt prayers and guided reflection.

A grateful heart doesn't have to wait for a perfect life.

Daily Bible Declarations™

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